



MONTHLY NEWSLETTER

May,
2017



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www.arundelparkrda.com.au



Arundel Park Riding for Disabled



A MESSAGE FROM THE PRESIDENT

Welcome to our fresh look newsletter, it has been a busy time at Arundel Park and we have a lot of news to catch up on.



A **grant** to upgrade our computers and website was achieved late last year and after a few bumps along the way it is up and running – we have new email addresses and our website looks amazing. Check out the website! The link is displayed at the end of the newsletter. We would love to hear from you via the feedback form on the website.



Our programs are busy and INStEP (Individual Needs Support *together everyone* Program) is now providing **Hippotherapy sessions** with Nina (RDA Coach / Occupational Therapist). These sessions are very specialised, providing a foundation for improved neuromotor function and sensory processing that can be generalised to a wide variety of activities in everyday life.



Carriage Driving is set to return to Arundel Park after an eight-year hiatus. There is a 20-year history of carriage driving at APRDA, and our plan is to reintroduce this equestrian activity this year. Carriage Driving offers the opportunity for our members to develop physical skills and builds confidence for better self-esteem. It helps people that would otherwise be unable to ride a horse due to their medical condition or support needs to be involved in equestrian sports and experience the many health benefits of equestrian activities. We have purchased our original carriages including a special wheelchair adapted vehicle which can offer freedom and independence to our drivers and we have a qualified team of carriage driving enthusiasts that will be involved in delivering this program. We require an experienced driving pony or horse and harness to commence any driving sessions in 2017 and are looking for sponsors to help us achieve our goal.

Cont..



We have **Skilling Queensland Participants** working towards achieving a certificate qualification in construction. They are hosted on our site participating in fencing, gardening and construction. We can already see the improvements around the grounds and look forward to them starting some of the larger projects.

This time of year is great for horse riding and it brings out a lot of horse play in the paddocks amongst our herd. We are very privileged to have the beautiful wildlife and tranquil surrounds here at APRDA.

Leone Gye-Collishaw,
Committee President



LATEST NEWS & EVENTS



30th April

RIBBON DAY

A fantastic day was had at our Ribbon Day as our riders showcased their riding skills. Congratulations to all our riders for their wonderful displays of horsemanship! A special thank you to all our volunteers who dedicated their time for our riders, and to our coaches Sam & Jordyn for making the day an enormous success.

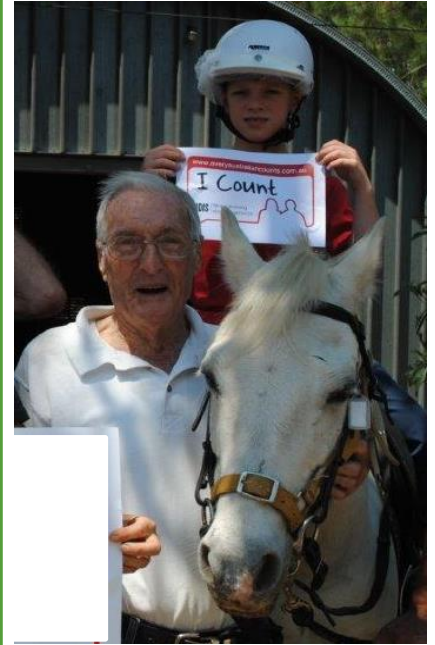


TRIBUTE TO COL BUTLER



Hillary our Carriage Driver training Snip in preparation for carriage driving program.

With regret, we were informed of the passing of Col Butler. Col was a devoted member of Arundel Park RDA, and he played a key part in establishing the centre here at Coombabah. At the grand age of 93, Col lived a full life. He had a real connection to horses, and truly believed in the benefits of equestrian activities. The selfless dedication Col gave to the organisation will always be remembered.



FAREWELL TO TREVOR POWER



Sadly, Trevor a wonderful volunteer passed away late last year. Trevor had a smile that made everyone's day and he connected with our riders in a way that would melt your heart. We will miss the engaging conversations shared over your delicious baked goods. A true gentleman in every way.



UPCOMING EVENTS

30th May – **ANNUAL GENERAL MEETING**, 5pm.

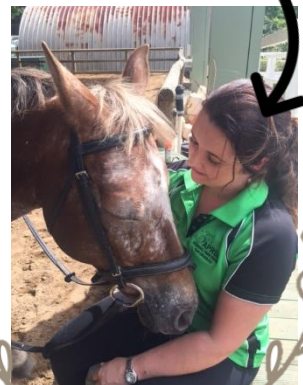
Anyone is eligible to be on the committee, all that is required is that you have a nominee and be a financial member.

Nomination forms are available at reception

30th September – **OPEN DAY**.

Horse rides, raffles, sausage sizzle, bake stall and tack sale. *More information to come!*

Volunteer Katie with our new horse **Smudge**!





NOTICEBOARD



READY STEADY TROT

Ready, Steady Trot teaches young people about horses. It provides kids with the opportunity to have fun, make new friends and learn new skills. We use APRDA horses and provide all equipment. APRDA is proud to be an accredited Ready Steady Trot delivery centre. For program details and more information, visit readysteadytrot.com and call Arundel Park RDA on: (07) 5594 0305, or email reception@arundelparkrda.com.au.



Australian Government
Australian Sports Commission



HORSE SPONSORS

Would you like to become a horse sponsor?

If you would like to sponsor a horse, please contact the front office on (07) 5594 0305 or via email at reception@arundelparkrda.com.au

We would love it if you could mention our horse sponsorship program to your family, friends and neighbours!



VOLUNTEERS WELCOME

How to apply:

Please contact us (or visit our website) for information on how to apply to become a volunteer. There is a volunteer application processing fee of \$20. This fee covers the cost of processing the applications. *Please note this one off fee is non-refundable.*



VOLUNTEERS WANTED FOR GC MARATHON

The Gold Coast Marathon is coming up on the 1st of July. 20 volunteers are required to hand out medals in the exit tents - 5:45am-10:30am.

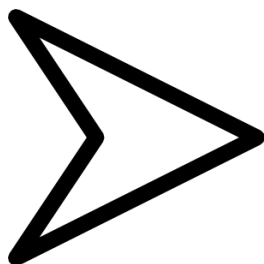
Please see Carli in reception if you are interested!



CENTRE EMAIL CHANGES

Please be advised that our email accounts have changed:

Carli	reception@arundelparkrda.com.au
Katrina	accounts@arundelparkrda.com.au
Info (main email)	info@arundelparkrda.com.au
Leone (president)	leone@arundelparkrda.com.au
Coaches	coaches@arundelparkrda.com.au
Volunteers	volunteers@arundelparkrda.com.au
Committee	committee@arundelparkrda.com.au



Don't forget to check out our **NEW!** website



www.arundelparkrda.com.au



DONATIONS & SPONSORS

ARPDA is most grateful for the generosity of our community members for their financial support.

Please use the following banking details when paying donations and sponsorships:

BSB: 034 159 Account Number: 139 229

a very **BIG**
THANK YOU to our Sponsors..

Horse Sponsors

Lions Club of Helensvale
Lakelands Gold Club Members
David Mitchell
Baptista Family
Wings Away
Quota International Gold Coast
Southport Lions Club
St Hilda's School Acacia House
Runaway Bay Lions Club
Gold Coast Friendship Bowls Club
Alan Cossey
Sandersons Body Repairs
Fulton Hogan
David Rigter

Principal Sponsors

Westfield Helensvale
The City of Gold Coast
Disability Services QLD
QLD Sport & Recreation
Guanaba South Coast Country Music
Morse Building Consultancy
Broadwater Southport Rotary
Ozi Fresh Hygiene Services
Southport Flying Club
Cessna 182 Association
Beenleigh Farm Supplies

With special mentions to:

Mary Harkins and all her team from City of Gold Coast for fundraising with their Casual for a Cause Morning Tea. They raised a whopping **\$972.25!!**



Paradise Point Bowls Club for their continued support and donating **\$450** to our centre.



A heartfelt thank you to all our sponsors. If it were not for your continued support of our centre we would be unable to provide equestrian activities to people with a disability in the community.